

# Menus for October 2021

**HENRY COUNTY ELEMENTARY SCHOOLS**

This institution is an equal opportunity provider. Menus are subject to change.

## Supply and demand.

We're trying to continue to operate as close to our pre-pandemic level as possible. But, like the restaurant and food service sector generally, we're facing unprecedented supply chain challenges. Sometimes we may have to substitute an item at the last minute to give our customers the best, freshest options available that day. We thank our parents and kids in advance for your on-going understanding of this situation!

**School Meals**  
We serve education every day™



HCS School Meal Prices	Breakfast	Lunch
Student Second Meals	\$1.75	\$3.25
MILK ONLY	\$0.40	\$0.40
Henry County Schools Staff	\$1.75	\$3.00
Adult Visitor	\$1.75	\$3.25

## Available Daily

### Breakfast (in blue):

Assorted Cereal  
Fresh Apples & Oranges  
100% Fruit Juice  
Choice of Low Fat Milk

### Lunch:

Fresh Apples & Oranges  
Choice of Low Fat Milk

\*Pork products listed in pink.



## Featured Specials of the Day

### Monday, October 4

Strawberry Mini Pancakes, Assorted Cereal,  
Hot Dog **Manager's Choice Entree**,  
Carrot Sticks w/ Ranch, Baked Beans, Pineapple Tidbits

### Tuesday, October 5

Mini Bagels w/ Cream Cheese, **Manager's Choice**,  
Cheeseburger, Deli Turkey Sandwich, Seasoned Fries,  
Carrot Sticks w/ Ranch, Sliced Peaches

### Wednesday, October 6

Sausage Biscuit, Assorted Cereal,  
Chicken Nuggets w/ Roll, **Manager's Choice Entree**,  
Steamed Broccoli, Mashed Potatoes,  
100% Juice

### Thursday, October 7

Frosted Breakfast Pastry, **Manager's Choice**,  
Ravioli w/ Roll, **Manager's Choice Entree**,  
Green Beans, Carrot Sticks w/ Ranch, Frozen Juice Cup

### Friday, October 8-Early Release Day

Breakfast Frudel, Assorted Cereal,  
Deli Turkey or PBJ/Wow Sack Lunch

## NO BONES ABOUT IT.



Touch the tip of your nose – that's what bones feel like without calcium. Bones that don't get enough calcium are weaker and more likely to break. Good sources of calcium include milk, yogurt, cheese, and calcium-fortified cereal and orange juice.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**

## DON'T 4 GET!

\*FOR STUDENTS LEARNING REMOTELY AT HOME, PARENTS WILL NEED TO PRE ORDER MEALS USING [MYSCHOOLBUCKS.COM](https://myschoolbucks.com) NO LATER THAN MONDAY 5PM BEFORE WEDNESDAY CURB SIDE PICK UP DATES. THIS IS TO ENSURE ADEQUATE MEALS ARE PREPARED.

\* KEEP YOUR FOOD COLD & REHEAT ACCORDING TO THE FOOD SAFETY TIPS PROVIDED.

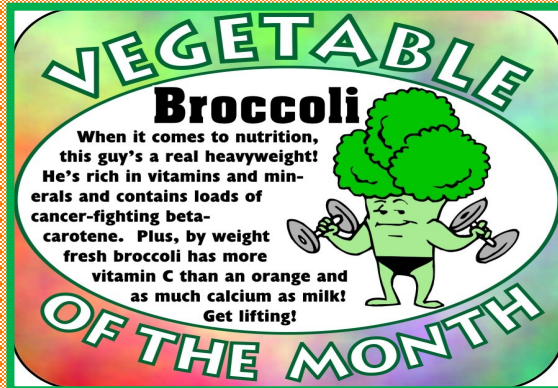
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SCHOOL  
BUCKS

- ✓ Check balances
- ✓ View purchases
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The Simple Way to Pay  
FOR STUDENT MEALS

[VIEW WEBSITE ►](https://myschoolbucks.com)





## Featured Specials of the Day

### Monday, October 11-Early Release Day

Blueberry Mini Pancakes, Assorted Cereal,  
Chicken Sandwich Sack Lunch

### Tuesday, October 12-Early Release Day

Breakfast Frudel, Manager's Choice,  
Corn Dog Sack Lunch

### Wednesday, October 13-Early Release Day

Mini Bagels w/ Cream Cheese, Assorted Cereal,  
Deli Turkey or PBJ/Wow Sack Lunch

### Thursday, October 14

Frosted Breakfast Pastry, Manager's Choice,  
Beefy Nachos w/ Salsa, Manager's Choice Entree,  
Black Beans, Steamed Broccoli  
Frozen Juice Cup

### Friday, October 15

Chicken Biscuit, Assorted Cereal,  
Stuffed Crust Pizza,  
Manager's Choice Entree, Whole Kernel Corn,  
Garden Salad w/ Ranch, 100% Juice

## Featured Specials of the Day

### Monday, October 18

Strawberry Mini Pancakes, Assorted Cereal,  
Max Snax Tacos w/ Salsa, Manager's Choice Entree,  
Black Beans, Carrot Sticks w/ Ranch,  
Pineapple Tidbits

### Tuesday, October 19

WG Muffin w/ Yogurt, Manager's Choice,  
Cheeseburger, Deli Turkey Sandwich,  
Potato Tots, Carrot Sticks w/ Ranch, Sliced Peaches

### Wednesday, October 20

Sausage Biscuit, Assorted Cereal,  
Popcorn Chicken w/ Roll, PBJ/Wow Sandwich w/ Chips,  
Steamed Broccoli, Mashed Potatoes,  
Frozen Juice Cup

### Thursday, October 21

Mini Bagels w/ Cream Cheese, Manager's Choice,  
Mac & Cheese, Manager's Choice Entree,  
Garden Salad w/ Ranch, Green Beans,  
Fresh Nectarine

### Friday, October 22

Chicken Biscuit, Assorted Cereal,  
Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips,  
Whole Kernel Corn, Garden Salad w/ Ranch,  
100% Juice

## Featured Specials of the Day

### Monday, October 25

Blueberry Mini Pancakes, Assorted Cereal,  
Hot Dog, Manager's Choice Entree,  
Carrot Sticks w/ Ranch, Baked Beans, Pineapple Tidbits

### Tuesday, October 26

Breakfast Frudel, Manager's Choice,  
Chicken Sandwich, Deli Turkey Sandwich, Seasoned Fries,  
Carrot Sticks w/ Ranch, Fresh Apple

### Wednesday, October 27

Sausage Biscuit, Assorted Cereal,  
Chicken Nuggets w/ Roll, PBJ/Wow Sandwich w/ Chips,  
Steamed Broccoli, Mashed Potatoes,  
Mandarin Oranges

### Thursday, October 28

Frosted Breakfast Pastry, Manager's Choice,  
Spaghetti w/ Garlic Toast, Manager's Choice Entree,  
Green Beans, Garden Salad w/ Ranch, Frozen Juice Cup

### Friday, October 29

Chicken Biscuit, Assorted Cereal,  
Stuffed Crust Pizza,  
PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn,  
Garden Salad w/ Ranch, 100% Juice

Happy Halloween!

